

**Outpatient Surgery Center of USC  
1516 San Pablo Street, 1<sup>st</sup> Floor Admitting Department  
Los Angeles, CA 90033  
(323) 276-4770**

1. Please arrange to have someone drive you home following your surgery and/or when you are discharged from the hospital. **A taxi and/or Uber rides are not options.**
2. **Please notify your physician of any medications you are currently taking and/or may be allergic to.**
3. Please do not bring any valuables to the hospital with you.

Thank you.

# Eating and Drinking Guidelines Before Surgeries and Procedures

Up to  
**MIDNIGHT**  
the night before

- You can have a light meal before midnight the night before your procedure



Up to  
**3 HOURS**  
before  
arriving at  
the hospital

## CLEAR LIQUIDS OPTIONS

- Water (2 glasses)
- Ensure® Pre-Surgery clear carbohydrate drink (ONLY if given by our clinics)
- 1 cup of coffee or tea (8 oz) – no cream or milk
- Clear apple juice (8 oz)
- **NO ALCOHOLIC BEVERAGES**



## SPECIAL INSTRUCTIONS

Providers:  
please add any  
instructions  
for specific  
procedures

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Keck Medicine of **USC**

BEYOND EXCEPTIONAL MEDICINE™





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- **Check in:** Only 1 person may come with you to the Pre-Op area. No children are permitted in the Pre-Op area. Waiting rooms are available. All communication goes through the Concierge Desk.
- **To verify and protect your identity:** we require that you bring a government issued identification with you on the morning of your admission. Acceptable documents include: state issued driver's license or ID card, U.S. Passport, U.S. Government employee ID card, Permanent Resident Card (green card), Passport Alien ID Card or other State issued identification card.
- **Bring your insurance cards with you.**
- **Bring a copy of your Advance Healthcare Directive with you.**
- **Eating and drinking restrictions:** Please follow the guidelines and instructions given to you.
- **If you take medication** for high blood pressure, heart medication, seizures or Parkinson's Disease, please take it the morning of surgery with a very small sip of water. Unless told otherwise by your physician.
- **If you take medication** for diabetes, when, whether it is insulin or a pill, please **do NOT** take or inject on the morning of surgery.
- **Please ask your doctor** which medications you should or should not take prior to the surgery. If you take Warfarin (Coumadin), Clopidogrel (Plavix), or any other kind of blood thinner, please call your doctor to see if you should stop taking it and when. **DO NOT STOP** it on your own.
- **Do NOT** Drink Alcoholic Beverages or smoke for 24 hours before and after your surgery.
- **Do NOT** wear make-up or lotion. **Do NOT** wear pins in your hair.
- **Do NOT** shave the surgery area.
- **Do NOT** bring any valuables with you. If you do bring luggage or valuables with you, your family will be responsible for them. Please lock the in your car until you get to your room, we **do NOT** provide storage for them.
- **Do NOT** bring your jewelry. Please leave your jewelry at home. All jewelry, piercings must be removed to prevent burns during your procedure. If you do not take them off, your surgery/ procedure may be cancelled.
- Bring your eyeglasses or contacts with you so you can read what you are signing. If you wear contacts, bring a container to place your contacts in. Contacts **are NOT** permitted to be worn in surgery.
- Wear comfortable and loose clothing.
- **If you are an outpatient,** make sure you have an adult who will sign your discharge papers and drive you home. If you receive any sedation/local anesthesia and do not have a person to sign you out and drive you home, your surgery will be cancelled. You cannot drive for at least 24 hours. You cannot take public transportation unless you have an adult with you. Your driver must sign your discharge papers.

|  |            |      |
|--|------------|------|
| Patient Signature/Legal Representative | Date       | Time |
| PRE-OP INSTRUCTIONS                    | PATIENT ID |      |

# Keck Medicine of USC

BEYOND EXCEPTIONAL MEDICINE™



## Parking:

Self-parking is available in the Keck Medical Center parking structure adjacent to HC3.  
Valet parking is available in front of the HC2 building.

Your next appointment: \_\_\_\_\_

Pre-Operative Clearance Appointments at **Internal Medicine/Family Practice** 323-442-5100

HC2 Address: 1520 San Pablo Street, Suite 1000, CA 90033

Your next appointment: \_\_\_\_\_

Pre-Operative Clearance Appointments at **Pre Op Clinic/Anesthesiologist** 323-442-8682

HC2 Address: 1520 San Pablo Street, 1<sup>st</sup> Floor, CA 90033

Your next appointment: \_\_\_\_\_

**Cardiology** Clearance Appointments 323-442-5100

HC2 Address: 1520 San Pablo Street, Suite 4600, CA 90033

Your next appointment: \_\_\_\_\_

**Scheduled Surgery** will be at Keck Hospital

KH Address: 1500 San Pablo Street, 1<sup>st</sup> Floor, CA 90033 Check in to "Gold Lobby"