#### Outpatient Surgery Center of USC 1516 San Pablo Street, 1st Floor Admitting Department Los Angeles, CA 90033 (323) 276-4770

- 1. Please arrange to have someone drive you home following your surgery and/or when you are discharged from the hospital. A taxi and/or Uber rides are not options.
- 2. Please notify your physician of any medications you are currently taking and/or may be allergic to.
- 3. Please do not bring any valuables to the hospital with you.

Thank you.

# Eating and Drinking Guidelines Before Surgeries and Procedures

#### Up to

#### MIDNIGHT the night before

 You can have a light meal before midnight the night before your procedure

### C-4

# Up to

before arriving at the hospital

#### **CLEAR LIQUIDS OPTIONS**

- · Water (2 glasses)
- Ensure® Pre-Surgery clear carbohydrate drink (ONLY if given by our clinics)
- 1 cup of coffee or tea (8 oz) no cream or milk
- Clear apple juice (8 oz)
- NO ALCOHOLIC BEVERAGES



# **SPECIAL**INSTRUCTIONS

Providers:
please add any
instructions
for specific
procedures

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# Keck Medicine of USC

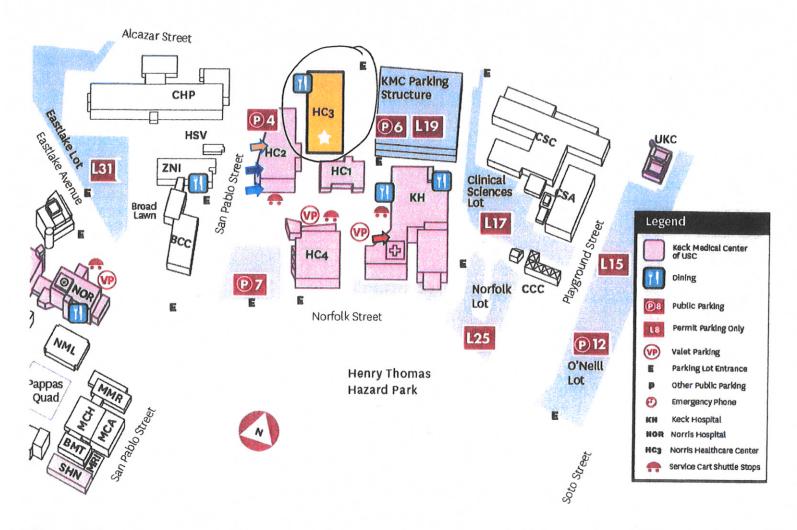


- Check in: Only 1 person may come with you to the Pre-Op area. No children are permitted in the Pre-Op area. Waiting rooms are available. All communication goes through the Concierge Desk.
- To verify and protect your identity: we require that you bring a government issued identification with you on the morning of your admission. Acceptable documents include: state issued driver's license or ID card, U.S. Passport, U.S. Government employee ID card, Permanent Resident Card (green card), Passport Alien ID Card or other State issued identification card.
- · Bring your insurance cards with you.
- . Bring a copy of your Advance Healthcare Directive with you.
- Eating and drinking restrictions: Please follow the guidelines and instructions given to you.
- If you take medication for high blood pressure, heart medication, seizures or Parkinson's Disease, please take it the morning of surgery with a very small sip of water. Unless told otherwise by your physician.
- If you take medication for diabetes, when, whether it is insulin or a pill, please do NOT take or inject on the morning of surgery.
- Please ask your doctor which medications you should or should not take prior to the surgery. If you take Warfarin (Coumadin), Clopidogrel (Plavix), or any other kind of blood thinner, please call your doctor to see if you should stop taking it and when. **DO NOT STOP** it on your own.
- Do NOT Drink Alcoholic Beverages or smoke for 24 hours before and after your surgery.
- Do NOT wear make-up or lotion. Do NOT wear pins in your hair.
- · Do NOT shave the surgery area.
- Do NOT bring any valuables with you. If you do bring luggage or valuables with you, your family
  will be responsible for them. Please lock the in your car until you get to your room, we do NOT
  provide storage for them.
- Do NOT bring your jewelry. Please leave your jewelry at home. All jewelry, piercings must be removed to prevent burns during your procedure. If you do not take them off, your surgery/ procedure may be cancelled.
- Bring your eyeglasses or contacts with you so you can read what you are signing. If you wear
  contacts, bring a container to place your contacts in. Contacts are NOT permitted to be worn in
  surgery.
- · Wear comfortable and loose clothing.
- If you are an outpatient, make sure you have an adult who will sign your discharge papers and drive you home. If you receive any sedation/local anesthesia and do not have a person to sign you out and drive you home, your surgery will be cancelled. You cannot drive for at least 24 hours. You cannot take public transportation unless you have an adult with you. Your driver must sign your discharge papers.

Patient Signature/Legal Representative	Date	Time
PRE-OP INSTRUCTIONS	P A T	
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# Keck Medicine of USC

#### BEYOND EXCEPTIONAL MEDICINE™



## Parking:

Self-parking is available in the Keck Medical Center parking structure adjacent to HC3. Valet parking is available in front of the HC2 building.

Your next appointment:
Pre-Operative Clearance Appointments at Internal Medicine/Family Practice 323-442-5100
HC2 Address: 1520 San Pablo Street, Suite 1000, CA 90033
Your next appointment:
Pre-Operative Clearance Appointments at Pre Op Clinic/Anesthesiologist 323-442-8682
HC2 Address: 1520 San Pablo Street, 1 <sup>st</sup> Floor, CA 90033
Your next appointment:
Cardiology Clearance Appointments 323-442-5100
HC2 Address: 1520 San Pablo Street, Suite 4600, CA 90033
Your next appointment:
Scheduled Surgery will be at Keck Hospital

KH Address: 1500 San Pablo Street, 1st Floor, CA 90033 Check in to "Gold Lobby"